



## Representative Program Information for State Age Teams

### What is Rep Netball?

Each year Ballina Netball selects teams to represent the Association at Netball NSW State Age Championships. It is one of the largest female sporting events in the Southern Hemisphere. It is contested in ages U12, U13, U14 and U15 with 4 divisions in each age group hosted simultaneously at 4 different locations across greater Sydney.

**When:** 7-9 July, 2018

**Where:** It is expected that Ballina Netball will compete in Division 3 in 2018 to be hosted by Eastwood Ryde Netball Association – Meadowbank Park, Adelaide St, West Ryde. Netball NSW will confirm the grading closer to the event.

### Who can play?

Athletes aged 12-15 in the year of competition can nominate for selection (ie athletes born 2003 - 2006). Selected athletes must register and play in Ballina Netball Saturday competition with an affiliated club team.

### What's involved?

Playing at representative level is an honour and comes with certain expectations. It involves a large commitment from both the athlete and their family due to the time and expense involved. Please take the time to read all the information carefully and understand the commitment before submitting your nomination.

Full participation in the following areas is expected:

- Weekly team training
- Weekly fitness session
- Local representative carnivals
- Netball NSW State Age Championships
- Work for your Association program (WFYA)

### Training

Team training (2 hours) and fitness training (1 hour) will be held weekly from March till the Championships in July. Training sessions will be held on an afternoon on days to be advised.

### Carnivals

Teams attend local representative carnivals to assist in preparing for the competition. Athletes are responsible for their own transport to and from carnivals.

### Work for your Association (WFYA)

Ballina Netball Association and our volunteers contribute a large amount of time, effort and money to the representative program. In return, we ask our representative athletes to contribute 10 hours of service to the association. This might include clubhouse duty, canteen duty, coaching a junior team, assisting with NetSetGO, umpiring or media duties

### **How much does it cost?**

The estimated cost to attend State Age Championships is \$650 per athlete. The exact cost will be determined closer to the event. Team fundraising events are organised to help reduce the cost for athletes and families who choose to be involved. As an indication, the cost after fundraising in 2017 was approximately \$500 per player.

### **Representative Fees**

The first instalment of \$250 is due on acceptance of a position in the team. A second instalment of \$250 is due at the end of April. The remaining balance (if any) is due at the end of June. Payment plans can be arranged on request.

Please note that a refund of representative fees may not be possible if your daughter decides to withdraw from the team due to illness, injury or any other reason. While every effort will be made to fill the position left vacant, an amount equal to the costs incurred by Ballina Netball will be retained from any refund provided.

### **Uniforms**

Athletes are required to wear a Ballina Netball uniform. The cost of compulsory uniform items is approximately \$180. Optional uniform items can also be purchased.

### **Fundraising**

Families can choose to participate in team fundraising events to reduce the cost. Athletes and families who elect not to participate in fundraising events will not receive a share of the money raised.

### **How do I nominate?**

Nominations must be completed online by the due date. A link can be found on Ballina Netball Association website. Nominations will not be accepted on the day.

### **What are trials?**

Trials will take place during February 2018. A selection panel will observe and interact with athletes as they perform skills, drills and trial games. Athletes will be given the opportunity to trial in 2 different positions of their choice. They may also be considered in other positions if required for team balance.

Athletes must attend all trials for their age group to be eligible for selection. In exceptional circumstances, athletes who are unable to attend trials may be considered for selection provided they notify the Representative Co-ordinator prior to the trials and provide evidence of their reason for non-attendance.

### **How will I know if I made the team?**

Teams will be announced on Ballina Netball Website and Facebook towards the end of February.

### **What if I don't make the team?**

Unfortunately, some athletes will not be successful in gaining selection to a team. We encourage you to continue training hard and to try again next year. Circumstances change from year to year as kids grow, are injured, change sports, move away etc. Ballina Netball will support development training clinics and development teams in age groups where coach availability and athlete numbers allow.

## **Important Dates 2018 – Ballina Netball Representative Program (State Age)**

14 January: closing date for Nominations

5 February: First trial day

12 February: Second trial day

19 February: Third trial day (if needed)

18 March: Grafton Carnival (Junior Teams)

25 March: Ballina Carnival

6 May: Brunswick/Byron Carnival

20 May: Casino Carnival

27 May: Lismore Carnival

3 June: Lower Clarence Carnival

17 June: Coffs Harbour Carnival

7-9 July: Netball NSW State Age Championships (depart 6 July)

### **Further Information**

Ballina Netball website: [ballinana.nsw.netball.com.au](http://ballinana.nsw.netball.com.au)

Netball NSW website: [nsw.netball.com.au](http://nsw.netball.com.au)

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